Menu Items Allergen Check List

Food Safety
AUTHORITY OF IRELAND

Note – Please state the **name of the cereal(s) containing gluten*** and the **name of the nut(s)**** in the appropriate column

MENU ITEM Type menu items below and indicate allergens using a tick	 **Cereals***	 **Crustaceans**	 **Eggs**	 **Fish**	 **Peanuts**	 **Soybeans**	 **Milk**	 **Nuts****	 **Celery**	 **Mustard**	 **Sesame seeds**	 **Sulphur dioxide & sulphites*****	 **Lupins**	 **Molluscs**

* Containing gluten (wheat, rye, barley & oats)
** Almonds, hazelnuts, walnuts, cashews, pecan, Brazil nuts, pistachio, macadamia
*** e.g. found in sausages, burgers, wine
☑ Means the menu item contains this allergenic ingredient

For more information on how your food business can comply with these legal requirements, please visit **www.fsai.ie/allergens** or contact us at **info@fsai.ie**