

Food products of non-animal origin from third countries that can be imported as personal imports

The products from each country listed in this table are exempt from import controls if their weight is less than 5Kg for fresh products and 2Kg for dry products.

It is your responsibility to consult the comprehensive list available in the [Implementing Regulation \(EU\) 2019/1793](#) before importing food.

Country of Origin of the product	Products
Azerbaijan	Hazelnuts (in shell or shelled) Hazelnuts and hazelnut products e.g., fruit & nut mixtures containing hazelnuts, Hazelnuts, otherwise prepared or preserved, Hazelnut paste, Hazelnut flour, meal, powder or oil
Bangladesh	Foodstuffs containing or consisting of betel leaves Seem beans, helmet beans
Bolivia	Groundnuts (peanuts) (in shell or shelled) Groundnuts (peanuts), otherwise prepared or preserved, Peanut butter Oilcake and other solid residues, whether or not ground or in the form of pellets, resulting from the extraction of groundnut oil Groundnut flours, meals and pastes
Brazil	Black pepper (neither crushed nor ground)
Burkina Faso	Aubergines
China	Groundnuts (peanuts) (in shell or shelled) Groundnuts (peanuts), otherwise prepared or preserved Peanut butter Oilcake and other solid residues, whether or not ground or in the form of pellets, resulting from the extraction of groundnut oil Groundnut flours, meals and pastes Sweet peppers (crushed or ground) Tea, whether or not flavoured Xanthan gum
Côte d'Ivoire	Palm oil
Dominican Republic	Aubergines (fresh or chilled) Sweet peppers Peppers of the genus Capsicum (other than sweet) Yardlong beans (fresh, chilled or frozen)

Egypt	Sweet peppers Peppers of the genus Capsicum (other than sweet) Oranges (fresh or dried) Sugar Apple (fresh or chilled) Vine leaves Groundnuts (peanuts) i.e., peanuts, and peanut products e.g., peanut butter, Groundnuts (peanuts) otherwise prepared or preserved, including mixtures Oilcake and other solid residues resulting from groundnut oil Groundnut flours, meals and pastes
Ethiopia	Pepper of the genus Piper Ginger Saffron Turmeric (curcuma) Thyme Bay leaves Curry and other spices Sesamum seeds
Georgia	Hazelnuts (in shell or shelled) Hazelnuts, otherwise prepared or preserved, including mixtures Hazelnut paste, Hazelnut flour, meal, powder or oil
Ghana	Groundnuts (peanuts) i.e., peanuts, in shell or shelled, Peanut butter Groundnuts (peanuts) otherwise prepared or preserved, including mixtures Oilcake and other solid residues, whether or not ground or in the form of pellets, resulting from the extraction of groundnut oil Groundnut flours, meals and pastes Palm oil

India	<p>Curry leaves (fresh, chilled, frozen or dried) Groundnuts i.e., peanuts, Peanut butter Groundnuts (peanuts) otherwise prepared or preserved, including mixtures Oilcake and other solid residues whether or not ground or in the form of pellets, resulting from the extraction of groundnut oil Groundnut flours, meals and pastes Peppers of the genus Capsicum (sweet or other than sweet) (dried, roasted, crushed or ground) Peppers of the genus Piper (other than sweet) (fresh, chilled or frozen) Calcium carbonate Cinnamon and cinnamon-tree flowers Cloves (whole fruit, cloves and stems) Food supplements containing botanicals Ginger, saffron, turmeric (curcuma), thyme, bay leaves, curry and other spices Guar gum Cumin seeds Cumin seeds crushed or ground Mixtures of food additives containing locust bean gum or guar gum Nutmeg, mace and cardamoms Sauces and preparations thereof; mixed condiments and mixed seasonings; mustard flours and meals and prepared mustard Seeds of anise, badian, fennel, coriander, cumin or caraway, juniper berries Sesamum seeds Vanilla Betel leaves (Piper betle L.) Drumsticks (Moringa oleifera) Guava (Psidium guajava) Nutmeg (Myristica fragrans) Okra Rice Yardlong beans</p>
Indonesia	Nutmeg
Iran	<p>Pistachios (in shell or shelled) Mixtures of nuts or dried fruits containing pistachios, pistachio paste Flours, meals and powder of pistachios Pistachios, prepared or preserved, including mixtures</p>
Israel	Basil
Kenya	<p>Beans (fresh or chilled) Peppers of the genus Capsicum (other than sweet)(fresh, chilled or frozen)</p>
Lebanon	Turnips (prepared or preserved by vinegar, brine, citric acid or acetic acid, not frozen)

Madagascar	Black eyed beans
Malaysia	Jackfruit Mixtures of food additives containing locust bean gum
Mexico	Green papaya (<i>Carica papaya</i>) (Food – fresh and chilled)
Nigeria	Sesamum seeds
Pakistan	Spice mixes Rice
Rwanda	Peppers of the genus <i>Capsicum</i> (other than sweet) (fresh, chilled or frozen)
Sri Lanka	Peppers of the genus <i>Capsicum</i> (sweet or other than sweet) (dried, roasted, crushed or ground) Gotukola Mukunuwenna Yardlong beans (fresh, chilled or frozen)
Sudan	Sesamum seeds
Syria	Tahini and halva from Sesamum seeds
Thailand	Peppers of the genus <i>Capsicum</i> (other than sweet) (fresh, chilled, frozen) Granadilla and passion fruit
Türkiye	Cumin seeds Cumin seeds, crushed or ground Peppers of the genus <i>Capsicum</i> (other than sweet) Sweet peppers (<i>Capsicum annuum</i>) Dried oregano Grapefruits Lemons (<i>Citrus limon</i> , <i>Citrus limonum</i>) Pomegranates Sesamum seeds Unprocessed whole, ground, milled, cracked, chopped apricot kernels intended to be placed on the market for the final consumer Dried fig paste Dried figs Dried figs, prepared or preserved, including mixtures Flours, meals and powder of dried figs Mixtures of nuts or dried fruits containing figs Pistachios, in shell or shelled Pistachios, prepared or preserved, including mixtures Mixtures of nuts or dried fruits containing pistachios Flours, meals and powder of pistachios Pistachio paste Mandarins (including tangerines and satsumas); clementines, wilkings and similar citrus hybrids

	<p>Mixtures of food additives containing locust bean gum</p> <p>Oranges</p> <p>Vine leaves</p>
Uganda	<p>Peppers of the genus Capsicum (other than sweet) (fresh, chilled, frozen)</p> <p>Sesamum seeds</p>
United States	<p>Groundnuts (peanuts) (in shell or shelled)</p> <p>Groundnuts (peanuts), otherwise prepared or preserved, including mixtures</p> <p>Peanut butter</p> <p>Oilcake and other solid residues, whether or not ground or in the form of pellets, resulting from the extraction of groundnut oil</p> <p>Vanilla extract</p>
Vietnam	<p>Okra</p> <p>Pitahaya (dragon fruit)</p> <p>Peppers of the genus Capsicum (other than sweet) (fresh, chilled or frozen)</p> <p>Durian (fresh or chilled)</p>